

WHOLESOME CONTACT PROJECT



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The idea of the project



Our goals



Who are we?



- ∞ Volunteers
- ∞ Professionals
-to be
- ∞ Interdisciplinary
team
- ∞ Training
- ∞ Workshops
- ∞ Supervision



University Hospital



- Internal Diseases and Geriatrics Unit
- Elderly patients
- Pneumonia, heart failure, renal failure
- Delirium?

Delirium



- ❧ Cognitive deficit
- ❧ Hallucinations
- ❧ Delusions
- ❧ Anxiety & depression
- ❧ Acute onset
- ❧ Hyper/hypoactive
- ❧ Similar to dementia

Risk factors



- ❧ Polypharmacy
- ❧ Electrolyte disturbance
- ❧ Visual and auditory deprivation
- ❧ Immobilisation
- ❧ Lack of orientation in time
- ❧ Psychological stress

Our patients



- ∞ Individual differences
- ∞ Mutual benefits



Research



- Quantitative assessment of efficiency
- Qualitative study of volunteers' experience

Thank you!

